BEST TIPS TO WARD-OFF DANDRUFF

Troubled with dandruff and tired of all chemical products for its treatment? Dry skin and excess emission of the natural oil leads to dandruff problem you can avoid this problem by applying your scalp with sufficient amount of natural oil and by massaging well to facilitate enough blood circulation Apart from this you have to wash and clean your hair regularly to ward off dust and pollution.

Here are some natural home remedies to get rid of dandruff and provide luscious hair.

* Massage warm coconut oil to your scalp with finger tips and wrap a damp towel around your hair;, this will make sure the oil to get into the scalp.

* Apply the paste made of methi seeds to the scalp and keep it for half an hour and wash thoroughly with water, and also, make sure there are no particles left behind.

* Apply curd on the scalp and keep it for about 15 minutes before washing. It does wonders to ward off dandruff.
* Use one teaspoonful of fresh lime juice is a good medicine for dandruff caused by an oily scalp. It also helps to remove stickiness.

* Boil a beetroot in water. Massage this boiled water on your scalp every night before sleeping. Make sure you are using a white beet or else your pillows will get the stain.

* Mix two tablespoons of green gram powder with half cup of curd. Wash your hair with this solution. Do this twice in a week for fast results.

* Mix 2 teaspoons of vinegar and 6 teaspoons of water. Apply it on the scalp before you go to bed. Tie a towel around your head and rinse thoroughly in the morning.

* Mix dried thyme with water and boil it, keep it for 10 minutes and massage the cool mixture on the scalp. Leave it for half an hour and rinse thoroughly.